

Self Insurers South Australia Closing the loop –

26 July 2011

MATES in Construction – An innovative approach to suicide prevention

Presented by:
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MATES in Construction is an independent charity established by BERT.

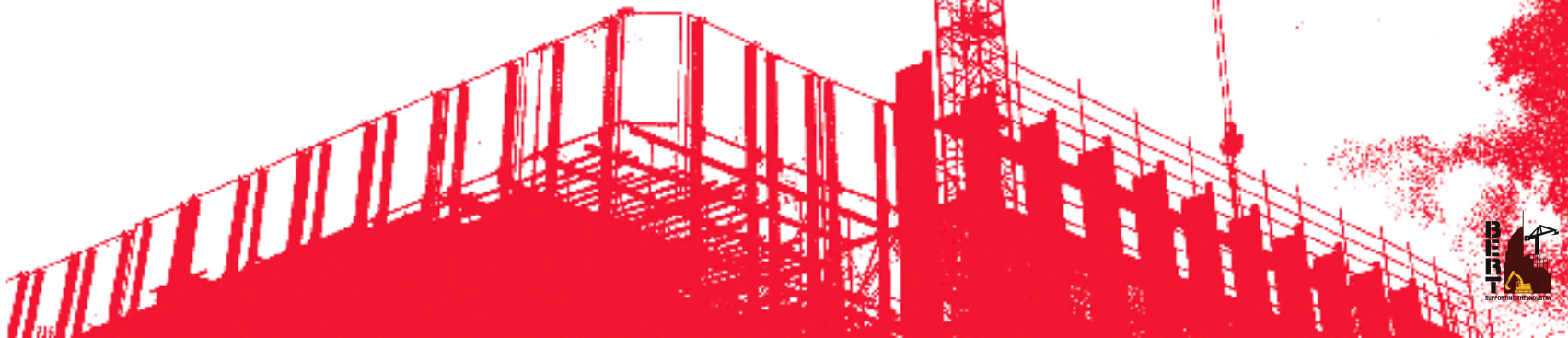
We are funded by Industry, industry funds and the Queensland Government

We are supported by Unions and Employer Associations

AGENDA



- Background
- MATES In Construction
- Outcomes to date



BACKGROUND



SUICIDE BERT DEATH CLAIMS 1999-2007



AGE	CAUSE OF DEATH	AGE	CAUSE OF DEATH	AGE	CAUSE OF DEATH
23	Suicide	32	Suicide	39	Hanging
41	Gunshot	36	Drug Overdose	31	Suicide-carb/monox
39	Drug Toxicity	36	Alcoholic Poisoning	35	Hanging
34	Suicide	26	Gunshot head	34	Hanging
42	Hanging	26	Suicide-gunshot	54	Carbon Monoxide
35	Carbon Monoxide Poisoning	43	Gunshot Head	28	Drug Overdose
33	Drug Overdose	34	Drug Overdose	18	Hanging
39	Drug Overdose	26	Suicide	18	Hanging
26	Gunshot	43	Hanging	18	Hanging
40	Suicide	37	Gunshot to Head	33	Suicide
33	Carbon Monoxide Poisoning	27	Hanging	49	Suicide
32	Drug overdose	29	Suicide	49	Suicide
18	Drugs	32	Hanging	33	Hanging
23	Hanging	47	Suicide-o/dose	35	Hanging
19	Suicide	33	Drug Overdose	36	Hanging
48	Hanging	43	Hanging	43	Suicide
53	Suffocation	31	Suicide	47	Carbon monoxide
30	Suicide	39	Suicide-drug o/d	29	Hanging
39	Hanging	33	Hanging	45	Suicide
28	Suicide	41	Gun Shot	45	Suicide
30	Suicide	47	Drowning	35	Hanging
52	Broken Neck	41	Hanging	37	Suicide
23	Carbon Monoxide	33	Hanging	37	Suicide
53	Suicide	45	Hanging	39	Hanging
41	Hanging	45	Hanging	26	Hanging
44	Suicide	34	Hanging	43	Suicide
39	Hanging	30	Hanging	43	Suicide
36	Hanging	34	Suicide-carb/monox	29	Hanging
29	Hanging	51	Hanging	24	Hanging
35	Hanging				



Suicide overview

ABS – 2008 Suicide Rates:

All Australians – 2,191

Men – 1,710

Women – 481

**1.54% of all deaths in
Australia were suicide**

Population: 21,614,100

**Suicide
1 in 9864**

**Under
reporting 20%
1 in 7891**

**Suicide Attempts
1 in 500**

**Suicide Thoughts
1 in 20**

**Mental Health and Wellbeing
is a Safety issue**

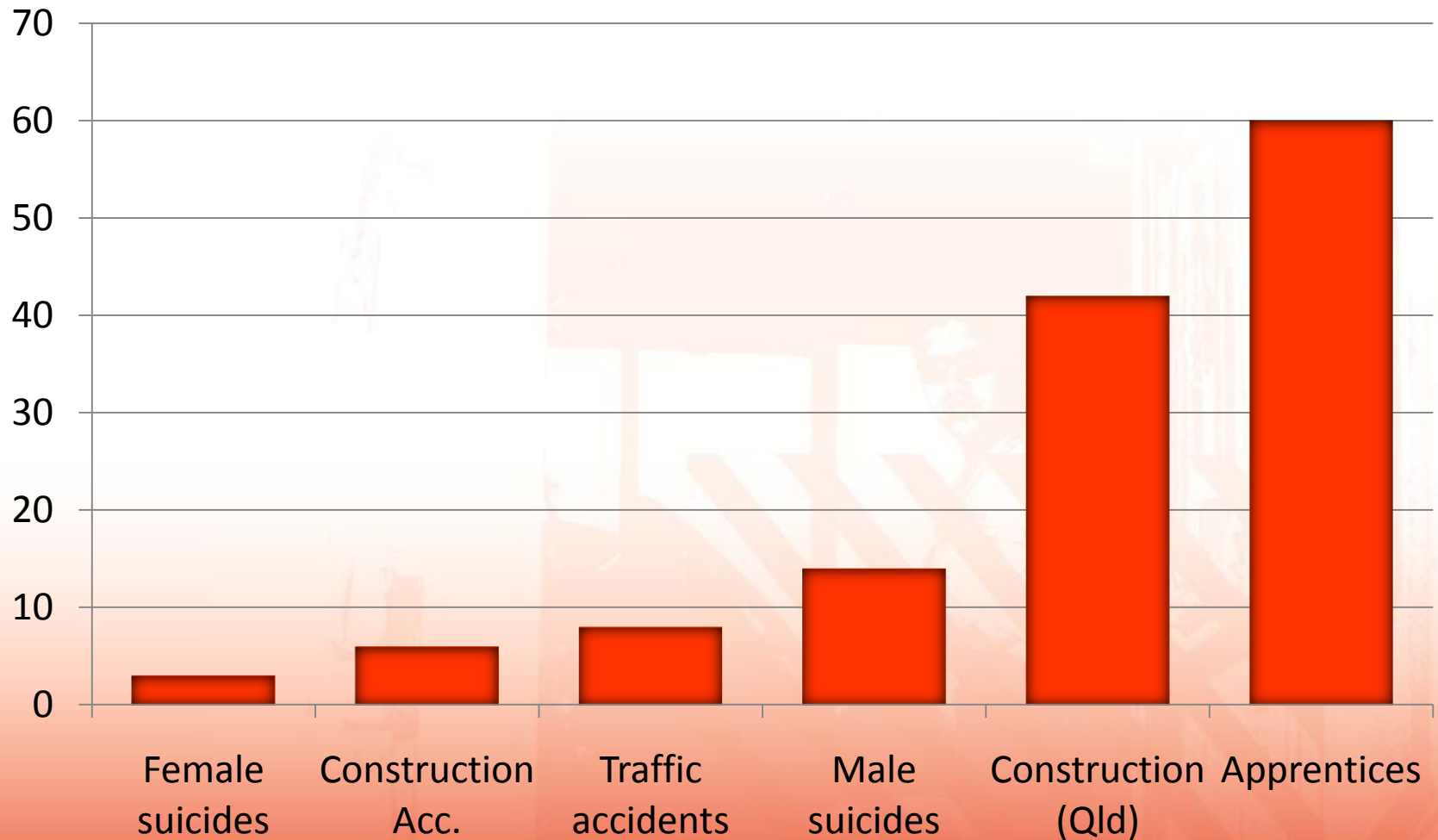
Construction Suicides



- Suicide significantly elevated compared to the National average
- Young workers at particular risk (15 to 24 years old)
- 2/3 had consumed alcohol prior to completing suicide
- More than 36% had evidence of either diagnosed or undiagnosed psychiatric conditions
- 25% had a history of past attempts (15% within previous 12 months)
- 53% had relationship problems, more than 10% had pending legal matters
- 67% of suicides happened at home – 3.1% happened on site

Is there a problem?

Mortality rates out of 100,000



Causes of Suicide?



	Life Events	
1.	Relationship Problems	53.1%
2.	Pending Legal Matters	9.4%
3.	Financial Problems	6.3%
4.	Conflict	4.7%
5.	Recent/Pending Unemployment	4.7%
6.	Work Problems	4.7%
7.	Bereavement	3.1%
8.	Child Custody Disputes	3.1%
9.	Other Life Events	9.4%
10	Multiple Life Events	23.4%

The Straw that breaks



MATES IN CONSTRUCTION



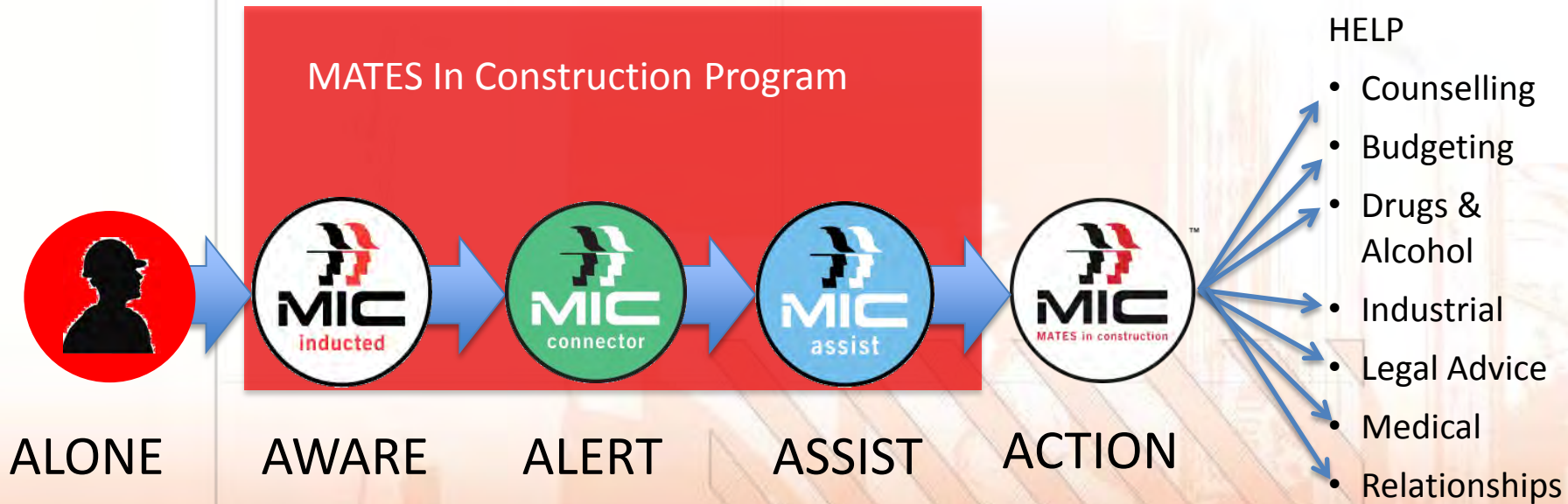
WHAT ARE WE TRYING TO DO?



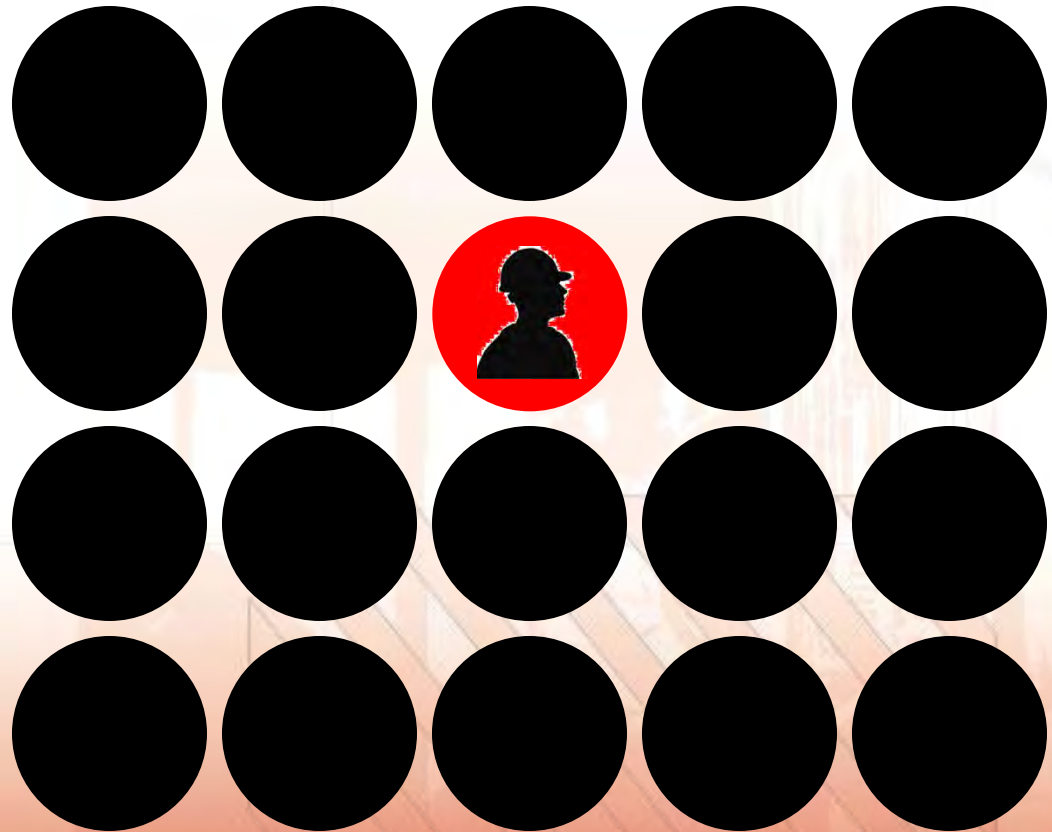
1. Raise awareness
2. Make help easy
3. Connect workers to appropriate high quality help



A MATES IN CONSTRUCTION SITE



The MIC model



The MIC model



The MIC model





- All the site is General Awareness Trained (GAT)
- GAT awareness maintained at 80% or better
- 1 in 20 workers are Connector Trained
- Access to an ASIST resource

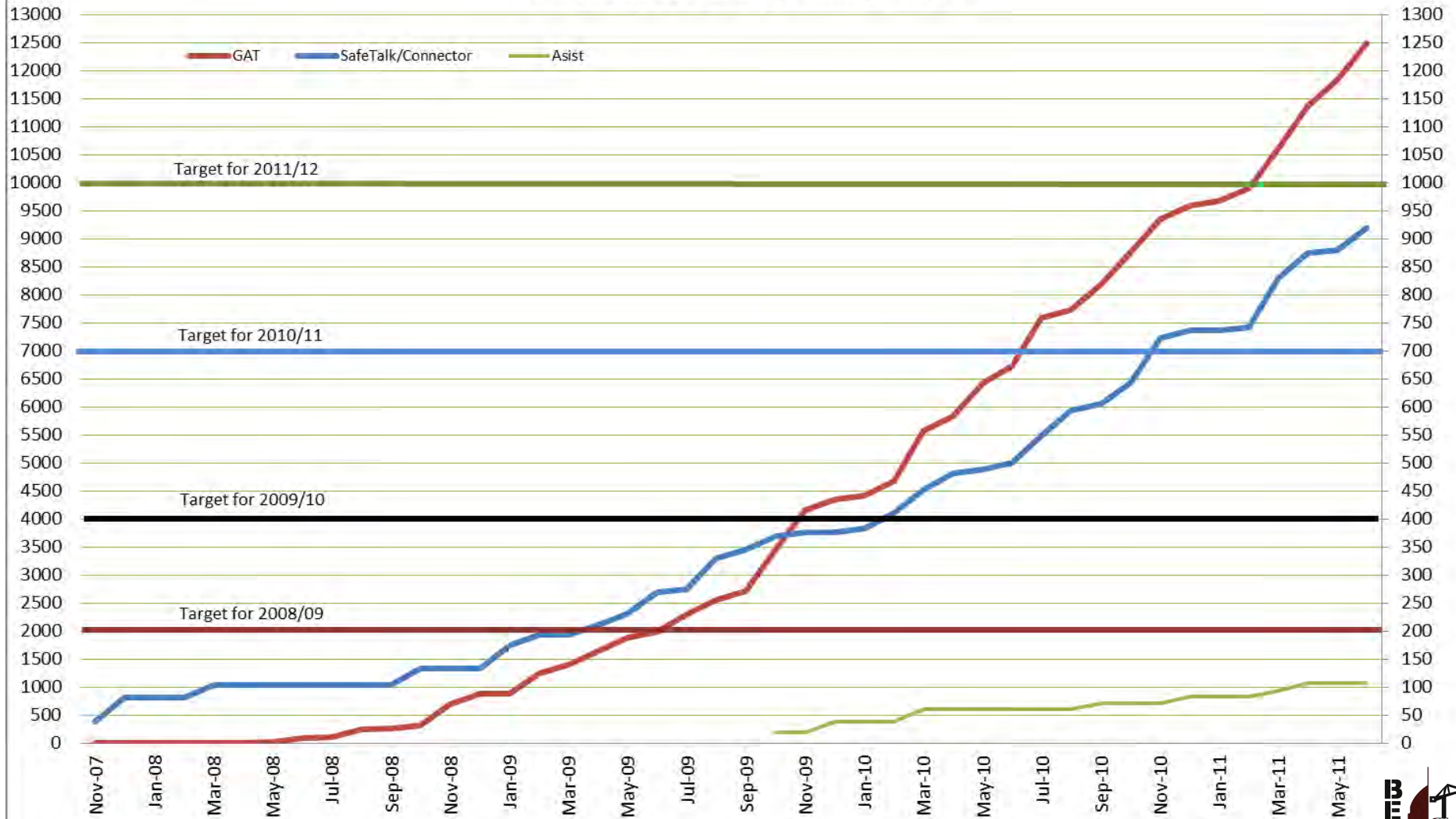


by Abigroup Limited

OUTCOMES TO DATE



Progress towards training targets

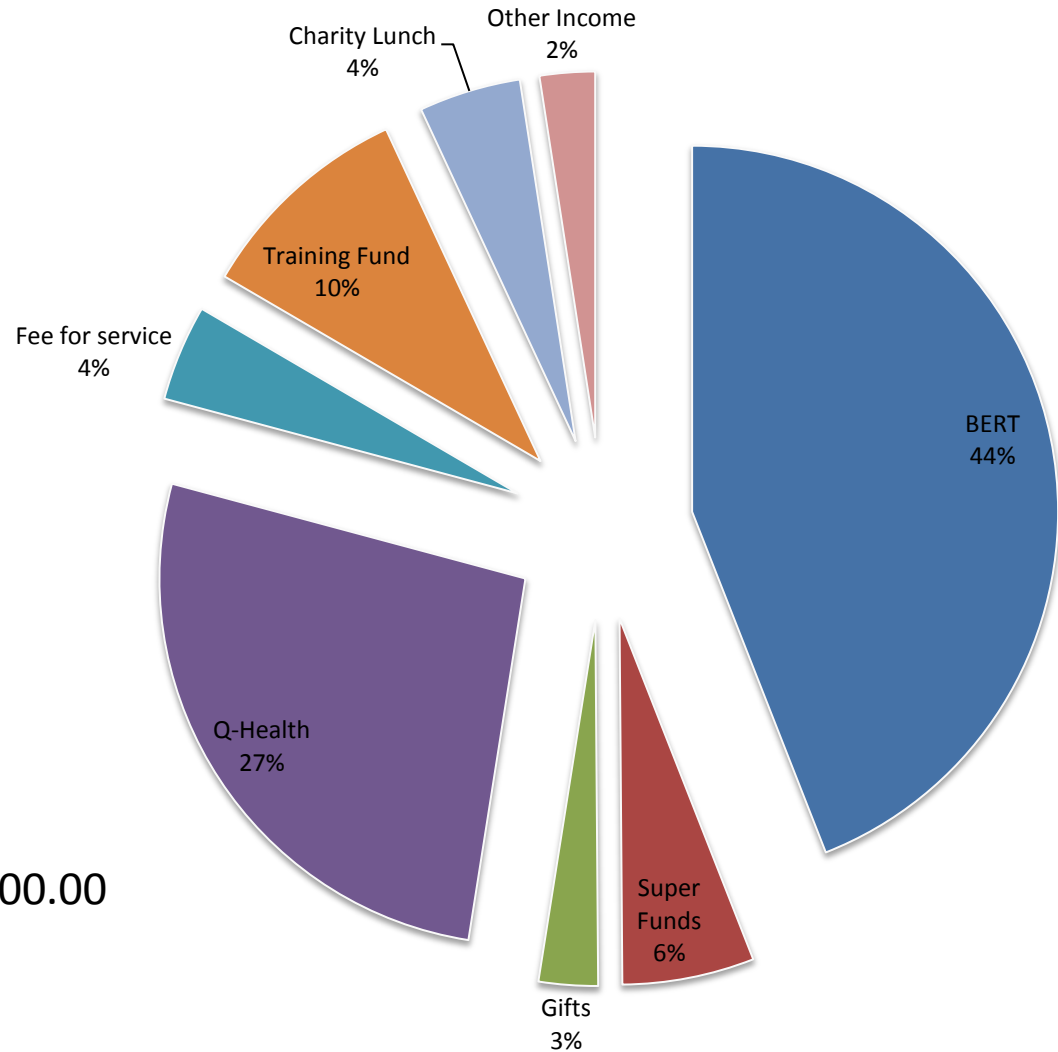


Where are we now?



- General Awareness Training – 12,515
- Connectors – 920
- ASSIST workers – 123
- Life Skills Tool Box - 752
- Help – 401 in 2010, 782 to date
- Suicide Interventions – 58 in 2010, 136 to date
- 628 hours Case Management – 2010/11

BERT	\$525,516.57
Super Funds	\$69,548.80
Gifts	\$31,179.95
Q-Health	\$318,318.47
Fee for service	\$50,625.81
Training Fund	\$115,073.00
Charity Lunch*	\$53,665.13
Other Income	\$29,111.59



* Surplus only – Income \$95,000.00

Awareness about MIC



- Who would you ask for help:
- MIC, Connector, OzHelp – 53%
- Life Line – 6%
- Salvation Army – 4%
- Beyond Blue – 2%
- However – family 46%, mate 36%

- People considering suicide often send out warning signs or invitations

78% agree (56% before GAT)

- Suicide is everyone's business

81% agree (68% before GAT)

- Most people who suicide really don't want to die

80% agree (43% before GAT)

- Poor mental health is a workplace health and safety issue

87% agree (76% before GAT)

- The construction industry must do something to reduce suicide rates

94% agree (80% before GAT)



Where to from here?



- Disaster Recovery Work
- Drug and Alcohol Program
- Staying Connected
- Life Skills Tool Box
- MIC Western Australia
- MIC South Australia



QUESTIONS and FEEDBACK?

